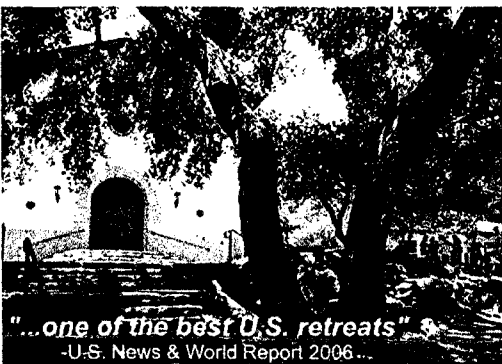


The 23<sup>rd</sup> Annual Southern California OA Men's Stag Retreat Committee Presents:

# OA Men's Retreat

## Fri, Sat & Sun, August 20, 21, & 22, 2010

SPONSORED BY THE WEDNESDAY 7:00 PM "TOOL TIME" WESTWOOD MEN'S STAG



### "La Casa de Maria"

800 El Bosque Road  
Santa Barbara, CA  
93108

La Casa de Maria  
retreat center is  
located  
approximately 90

#### What is the cost?

Only \$215 per man. Vacation resorts in Santa Barbara often charge that much per night!

#### What do I get?

- 1) A weekend of fellowship with other men in recovery in the tranquility of beautiful and spacious grounds.
- 2) Retreat leaders who have worked all 12 Steps and want to help your recovery.
- 3) Two (2) nights lodging and four (4) meals, which include breakfast, lunch & dinner on Saturday, and breakfast on Sunday morning.

#### When does it start?

Opening ceremonies begin at 7:30pm Friday, August 20<sup>th</sup>.

#### Will there be any other activities available?

During the Saturday afternoon break you can hike, swim, bird watch, play tennis, volleyball or basketball, or just relax and meditate. Massages are available for a fee to La Casa.

#### Why should I go?

Dozens of men have gotten abstinence at this retreat. Many others come every year to reenergize their program. This is the 22<sup>nd</sup> year of the retreat. Recovery happens here!

miles North of Los Angeles, CA in the Montecito Hills overlooking Santa Barbara. *US News and World Report* has listed it as "one of the best U.S. retreats."

For a complete description, visit their website at:  
[www.lacasademaria.org](http://www.lacasademaria.org)

For further information, please contact:

Dave B. at (619) 224-4500  
or email [davebirge@cox.net](mailto:davebirge@cox.net)

Don B. at (619) 420-4537  
or email [debroudy@cox.net](mailto:debroudy@cox.net)

✂ (Please cut out this form and mail in with your payment)

## RESERVATION FORM

### OA Men's Retreat

The 23<sup>rd</sup> Annual Southern California OA Men's Stag Retreat  
Friday, Saturday & Sunday, August 20, 21 & 22, 2010

Make checks for \$215, payable to: "Men's Tool Time Retreat" and send before **June 30, 2010** to:

Don Broudy  
294 Eucalyptus Court  
Chula Vista, CA 91910

(Rooms are triple occupancy. You'll be matched with roommates if need be. *Space is limited. Please register early!*)

\*To receive confirmation of your reservation, include a self-addressed, stamped envelope along with your check.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

SPECIAL NEEDS \_\_\_\_\_

DO YOU SNORE? YES  NO  DO YOU USE A C-PAP MACHINE? YES  NO

I AM ALSO ENCLOSING \$ \_\_\_\_\_ AS AN ADDITIONAL DONATION TO THE "MEN'S TOOL TIME RETREAT"